



# PLATTSMOUTH MICRO SOCCER

## WHAT IS MICRO SOCCER?

Micro Soccer is three-versus-three soccer. The larger goal and smaller field size allow players to be successful. Micro Soccer emphasizes FUN (kicking the ball, being with friends, making new friends and playing the game) so that the children who participate get enjoyment out of playing, and want to come back for more. Micro Soccer should also include basic instruction of fundamentals (passing, dribbling, shooting) so that an environment is created from which instinctive play can develop.

## THE RULES OF MICRO SOCCER

1. The Field is approximately 20 - 30 yards X 15 - 25 yards. A #3 ball is used. Play is 3 v 3 format.
2. Goalies are not used in Micro Soccer.
3. Goals may be scored from anywhere on the field. Score is not kept.
4. Coaches, Assistant Coaches or Team Parents may act as a referee for safety and learning.
5. Suggested game length is 30 minutes with the clock running continuously. Free substitution is encouraged. A team parent can help keep track of time and player substitutions. A break at 10 minutes is only optional. On the 10-minute break we recommend refreshing the players with oranges brought by assigned parents. Parents may also provide players with a drink and snack after the game.
6. When the ball goes out of play, the game is restarted as follows:
  - Ball over sidelines. Restart play with a throw-in. If the throw-in is done improperly, the coach explains the correct method and the throw-in is retaken.
  - Ball over the goal line. Restart play with a goal kick or corner kick, depending on which team last played the ball.
  - After a goal is scored--restart the game with a kick-off from mid-field.
8. Because of the small field size and end-to-end nature of the game, the ball may go out of play frequently. Coaches and 2 or 3 parents from each team may be stationed around the field to retrieve the ball and keep play flowing.
9. All opposing players must be at least 4 yards from the ball on all free kicks and corner kicks that are taken.

If you have any questions or suggestions, please contact your Micro Soccer Director.

PSC Micro Soccer Director

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